# Comprehensive Assessment & Implant Maintenance

# Maintenance Handout

Amy L. Kinnamon RDH www.bigfishdental.net Copyright @ BlgFish Dental. All rights reserved.

Your attendance at the program is greatly appreciated. The hand out is for your use. Please share it with the team members in your practice and if I can assist you with other reference materials or answer any other questions feel free to contact me.

Enjoy this gift of a day! Amy a.kinnamonrdh@bigfishdental.net

The value we place on ourselves is usually the value others place on us.

~John C. Maxwell





#### Social ramifications of tooth loss



I love you, even if you only have one huge dot...



http://www.pittsburghdentalimplants.com/dental-implants/effects-of-tooth-loss/



Improved health
Functionality
Improved retention for implant-retained denture
Look, feel, and function like natural teeth
Preserve bone
Improved quality of life



#### Candidates for Dental Implants

- Existing patients of record
- Patients with fixed or removable prosthetics
- Edentulous patients
- Controlled diabetics
- Non-smokers
- Patients with congenitally missing teeth



# Possible Candidates for Dental Implants

- Immunosuppressed
- IV bisphosphonates
- Anticoagulants
- Steroids
- Heavy smokers
- Poorly controlled diabetics





#### Preserve bone

No reduction of adjacent teeth





44% loss of additional teeth

40% stop wearing partials after 4 years





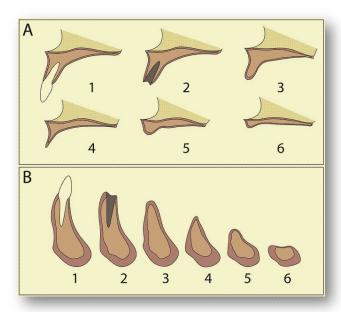


#### Facial structure







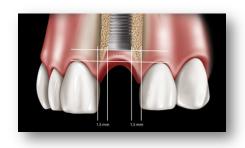




# Bone level

Optimizes and simplifies soft tissue management







# Bone level tapered



limited anatomy

facial undercut converging root tips, concave jaw structure narrow atrophied ridges



# Tissue level

Non-esthetic zone







# **Abutments**





The connecting element



# **Abutments**

Platform switching



#### Smaller abutment

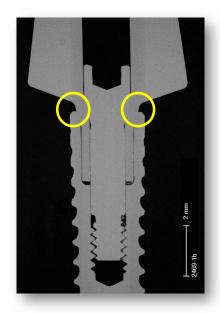
Horizontal offset of the biologic Distance keeps bone away from the micro gap

Maximizes osseointegration and crestal bone preservation

### **Abutments**

Micro gap

A **micro gap** can cause bacterial contamination and micro-movements





# Prosthesis

Screw retained

Dependent on implant orientation / angulation

May not be aesthetic





# **Prosthesis**

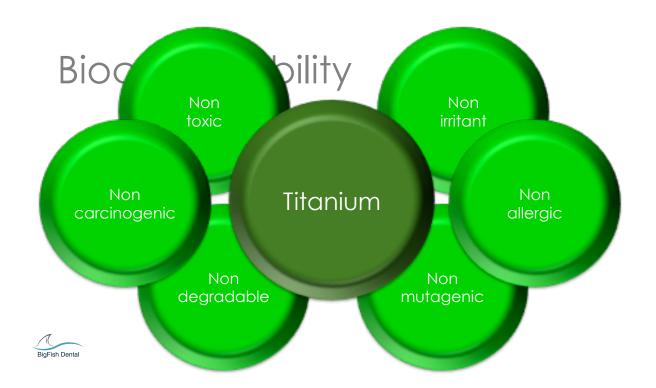
Cement retained



Advantages

Independent of implant orientation / angulation

**Enhanced esthetics** 

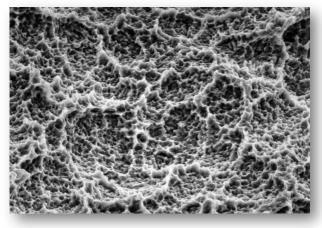


# Topography

SLA

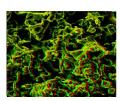
Micro/Macro Surfaces

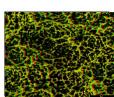
#### Sand blasted Acid etched

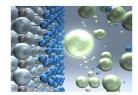


# Topography

SLActive





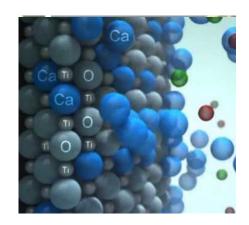






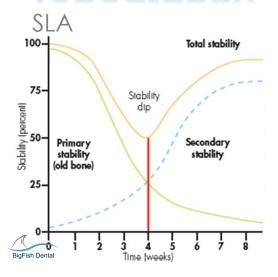
# **SLActive**

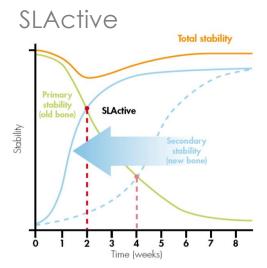
Topography
Hydrophilic
Chemical Activity





# Topography











# Failure

# Review of 15-year study: Tooth loss rates range from 3.6% to 13.4% Implant loss rates range from 0% to 33%





Levin,L; Halperin-Sternfeld,M, et al. Tooth preservation or implant placement: A systematic review of long-term tooth and implant survival rates. The Journal of the American Dental Association (October 1, 2013) 144, 1119-1133

# Early

Poor bone quantity and/or quality
Contamination of Implant/infection
Trauma during surgery - overheating the bone
at the time of surgery or too much force when
they are placed
Premature immediate load





Occlusal overload
Poor Hygiene / Peri-implantitis
Poor restorative materials
Contacts
Cement
Mobile crown/abutment
Systemic complications



#### Peri-mucositis

50-80% of implants Poor homecare of natural dentition Non-surgical therapy





#### Peri-implantitis

11-47% of implants Poor homecare of natural dentition Systemic implications Same bacteria responsible for perio dx





#### Stages of Disease

Peri-mucositis (gingivitis)	Peri-implantitis (periodontal disease)
Inflammation	Inflammation
Possible bleeding	Bleeding/exudate
PD>4mm	PD>5mm
No bone loss	Bone loss



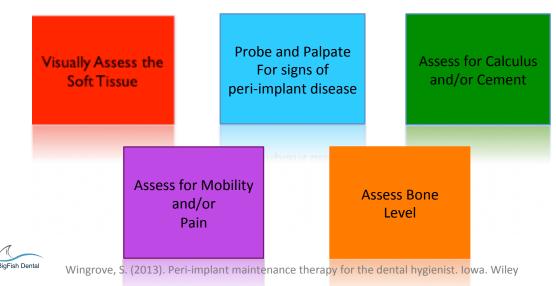
#### AIM

#### Assess Identify Monitor



Wingrove, S. (2013). Peri-implant maintenance therapy for the dental hygienist. Iowa. Wiley Blackwell

#### 5 Step Exam for Implant Success



Visually Assess the Soft Tissue

Record of visual assessment soft tissue appears healthy



Wingrove, S. (2013). Peri-implant maintenance therapy for the dental hygienist. Iowa. Wiley

Probe and Palpate For signs of peri-implant disease





BioFish Dental Wingrove, S. (2013). Peri-implant maintenance therapy for the dental hygienist. Iowa. Wiley

#### Assess for Calculus and/or Cement



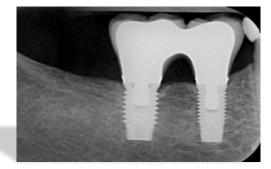




BigFish Dental Wingrove, S. (2013). Peri-implant maintenance therapy for the dental hygienist. lowa. Wiley







BigFish Dental Wingrove, S. (2013). Peri-implant maintenance therapy for the dental hygienist. Iowa. Wiley

#### Check the occlusion

The occlusion on an implant should not be the same as natural teeth





#### Check the contact

Contact areas on implants should be broad to prevent movement





#### Modified Implant Classification

Class I Health	Class II Peri-mucositis	Class III Peri-implantitis	Class IV Failure
No bleeding	Bleeding present	Bleeding present	Bleeding present
No exudate	No exudate	Exudate present	Exudate present
Compare to baseline	1-2mm change Compare to baseline	2mm change Compare to baseline	Possible mobility
No bone loss	False Pockets	<b>Progressive</b> bone loss	Progressive bone loss
2-4 mo. year 1 2-3 mo high risk 3-6 mo low risk	10-14 day re- evaluation 2-3 month re-care	NO DH TX Referral to specialist Surgical treatment	NO DH TX Referral to Specialist Surgical Removal

Resource: Pattison, A and Sumi, J. Post Surgical Implant Care

#### 4 Key Questions

- How do you define health and disease in your practice?
- How much disease are you willing to tolerate?
- What determines patient maintenance intervals?
- What's your evidence-based decision process?



"The impact of scalers on implant abutment surfaces varies between abutment types presumably due to different surface characteristics with no apparent advantage of one abutment type over the other with regard to resistance to surface damage. Unfilled resin was found consistently to be the least damaging to abutment surfaces, although all scalers of all compositions caused detectable surface changes to polished surfaces of implant abutments."

Hasturk, H et al. Comparison of the Impact of Scaler Material Composition on Polished Titanium Implant Abutment Surfaces. 2013 JDH 87(4) 200-211

#### The Truth About Instrumentation

Amorphous unfilled resin



Carbon composite







"The use of plastic instruments and tips is generally not recommended for implant instrumentation-ineffective in removing calculus and/or cement-in vitro research has revealed plastic particles may adhere to implants when these instruments are employed."

Dr. Gustavo Avila-Ortiz Dimensions of Dental Hygiene; Vol 11(5) 57

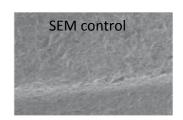


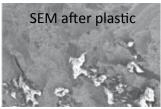
#### The Truth About Instrumentation

"Titanium implant scalers are recommended on implants coated with hydroxyapatite (HA) or titanium plasma spray (TPS). Plastic curettes leave deposits on the titanium implant surface, especially those with surface coating and this has been confirmed in multiple studies."

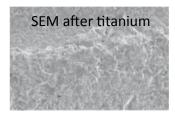
Dr. L. Ramaglia. Implant Dentistry. 2006; 15:77-82

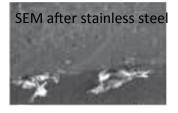


















#### Rockwell Hardness

Implants	40-45
Wingrove Titanium Scaler	28-30
Stainless Steel	50-59
Heat Treated Titanium	60-69
Titanium Ultrasonic	36



#### Air Polishing/Subgingival Air Polishing(GPAP)

- Air Polishing is contraindicated for: implants, renal, respiratory, metabolic & infectious disease
- GPAP –different with Perio powder- Glycine 25 microns, 80% less abrasive than sodium bicarbonate\*
- GPAP can be a helpful addition to prevent periimplant disease & can non-surgically treat peri-implant mucositis.



NOT intended to remove calculus, rather it compliments power and hand instrument in elimination of biofilm.\*-



Daubert, D. Subgingival Air Polishing: Dimension of Dental Hygiene, Dec. 2013

#### Polishing Implants



Use only perio attachment Glycine-based powder Adapt parallel to the implant Benefit of lavage Effective for pockets depths >3mm



#### Polishing







Straumann Pro Arch – Maintenance & Home-Care Clinical Whitepaper Fixed Full Arch & Chair-Side Guide

Download @ <u>networktocare.com</u>



#### Proper instrumentation



# Fixed screw-retained implant prosthesis

Place retractor
Lavage with ultrasonic on lowest setting
OR subgingival GPAP
Assess for calculus-remove with short
horizontal strokes
Polish prosthesis with non-abrasive (e.g. silica)
for stain removal or to smooth prosthesis
after debridement

\*in-office maintenance at least every 6 months



\*Nakagawa M et al. Effect of Fluoride concentration and PH on corrosion behavior of titanium for dental use. J Dent Res 1999:78(9): 1568-1572





#### Homecare for Implants



Insert floss in both contacts
Wrap the floss in a C-shape
Shoe-shine motion
Floss the entire circumference

#### Homecare















Prompt the Doctor:
Personal
Necessary radiographs
Periodontal Exam
Hard Tissue Exam
Confirm Findings
Next Steps





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Thank you